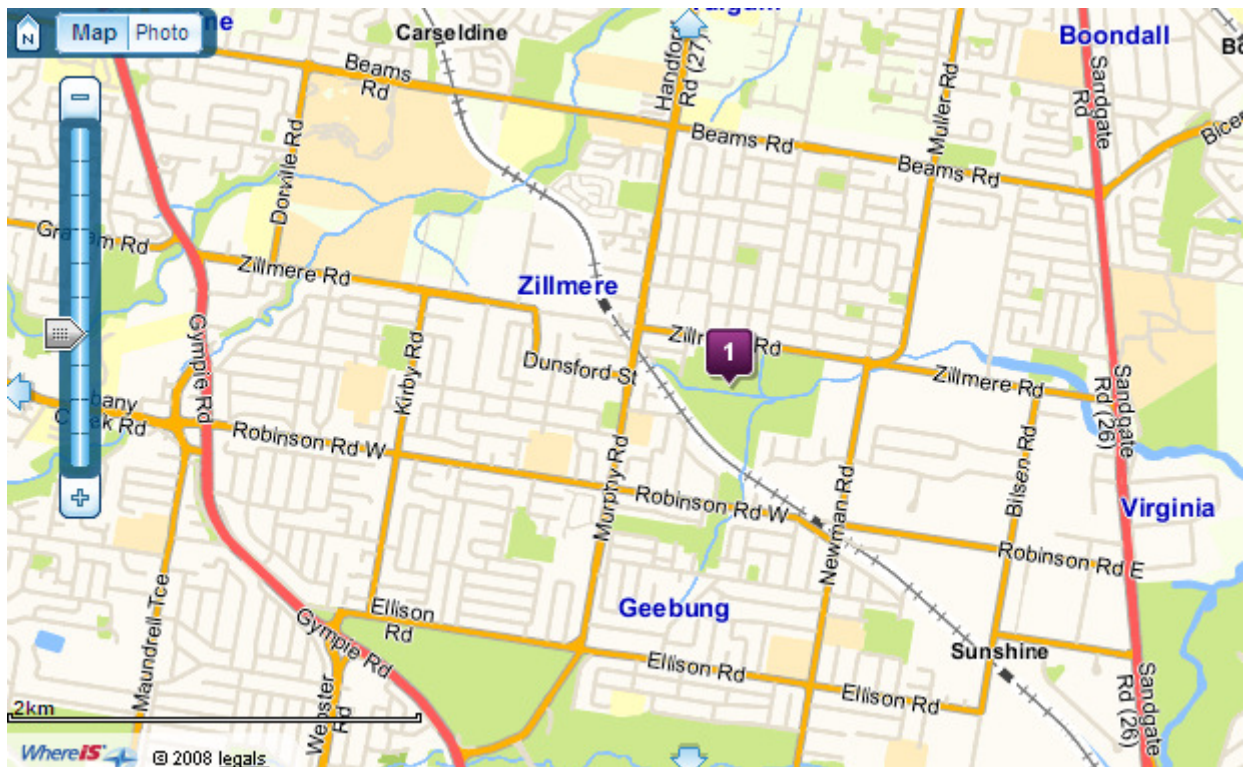


QWA League & Masters League Round 3
North Brisbane Weightlifting Association
O'Callaghan Park, 340 Zillmere Rd, Zillmere Qld
Saturday, 31st July 2010



Important Notice

Competitors must wear clothing which conforms to the following rules:

The costume:

- may be one-piece or two pieces but must cover the trunk of the competitor;
- must be close fitting;
- must be collar-less;
- may be of any colour;
- must not cover the elbows;
- must not cover the knees.

A T-shirt may be worn under the costume. The sleeves must not cover the elbows. This shirt must be collar-less.

Close fitting leotard / cycling trunks may be worn under or over the costume. They must not cover the knees.

An example of an acceptable two-piece costume would be: "Bike pants" which are close fitting and do not cover the knees plus a collarless T shirt or singlet which covers the trunk, is close fitting and does not cover the elbows.

Entrants will not be permitted to compete in clothing that does not conform to the rules above.

QWA League & Masters League Round 3
 North Brisbane Weightlifting Association
 O'Callaghan Park, 340 Zillmere Rd, Zillmere Qld
 Saturday, 31st July 2010

Competition Timetable

Group 1 Weigh in: 7:00 – 8:00 am Start: 9:00 am

Lot	Name	Y.O.B	Club	Division	PB Sn	PB C&J	PB Total
3	Barry Harden	1959	Sunshine Coast	2 & Masters	90	110	200
14	Steven Eadie	1988	Cougars	4	N/A	N/A	N/A
21	Trevor Walz	1952	Sunshine Coast	4 & Masters	63	88	151
24	Peter Foster	1967	Cougars	1 & Masters	116	135	250
26	Tim Steele	1968	Sunshine Coast	3 & Masters	78	95	172
27	Lawrie Townsend	1951	North Brisbane	3 & Masters	71	97	168
30	Rodney Carr	1973	Sunshine Coast	4 & Masters	100	120	220
38	Steven Matthews	1954	Toowoomba	3 & Masters	60	85	144
39	Norman Hanna	1981	Toowoomba	4	54	86	140
46	Keith Forbes	1941		4 & Masters	48	50	98
47	Bob Henderson	1943	Sunshine Coast	3 & Masters	65	77	137
49	John Hanlon	1966	Cougars	3 & Masters	78	105	183

Group 2 Weigh in: 9:00 – 10:00 am Start: 11:00 am

Lot	Name	Y.O.B	Club	Division	PB Sn	PB C&J	PB Total
6	Taela O'Shea	1995	Cougars	4	24	37	61
9	Leandra Miscamble	1956	North Brisbane	4 & Masters	32	50	82
10	Valerie Silver	1949	Cougars	4 & Masters	32	44	76
16	Sue Cox	1961	North Brisbane	4 & Masters	41	52	93
19	Emma Hitchener	1992	Toowoomba	4	38	51	89
29	Wanita Connor	1995	Cougars	4	32	43	75
31	Vicki Brady	1943	Cougars	4 & Masters	28	34	62
33	Jessica Sanders	1996	Cougars	4	26	35	61
37	Lesley Moyle	1945	North Brisbane	4 & Masters	32	44	76
44	Caitlyn Feurer	1996	Cougars	4	19	23	42
52	Kara Stuart	1994	Toowoomba	3	39	50	89
55	Julie Davis	1952	North Brisbane	4 & Masters	26	39	65

Group 3 Weigh in: 11:00 – 12:00 noon Start: 1:00 pm

Lot	Name	Y.O.B	Club	Division	PB Sn	PB C&J	PB Total
1	Matt Skinner	1990	USQ	4	77	101	177
4	Nick Dorn	1988	North Brisbane	4	70	100	170
5	Darryl Hockins	1988	Toowoomba	2	82	108	188
7	David Hockins	1991	Toowoomba	2	70	93	163
13	Tyson Fabbro	1984	North Brisbane	4	72	100	172
20	Sam Baumann	1992	Cougars	2	74	102	175
25	Jake Ratcliffe	1994	Toowoomba	3	78	96	174
32	Lad Singh	1983	Cougars	1	155	170	325
36	Christian Hopper	1985	North Brisbane	1	108	131	238
41	Bowen Stuart	1986	Toowoomba	1	97	117	213
42	Scott Clark	1991	Sunshine Coast	1	93	113	198
48	Michael Winn	1994	USQ	3	77	95	172
50	Alex Maskiell	1986	Cougars	2	84	107	190
58	John Walz	1987	Cougars	2	N/A	N/A	N/A

Note: PB's are the lifters' best results in competitions held after 1 January 2008.

QWA League & Masters League Round 3
North Brisbane Weightlifting Association
O'Callaghan Park, 340 Zillmere Rd, Zillmere Qld
Saturday, 31st July 2010

Group 4 Weigh in: 1:30 – 2:30 pm Start: 3:30 pm

Lot	Name	Y.O.B	Club	Division	PB Sn	PB C&J	PB Total
2	Kim Hanssen	1986	Cougars	3	51	68	117
8	Bonnie Sleeman	1993	Cougars	2	66	78	142
17	Jenny Butler	1973	North Brisbane	2 & Masters	62	78	138
23	Diana Loy	1965	North Brisbane	2 & Masters	61	81	138
28	Bronwyn Hitchener	1962	Toowoomba	3 & Masters	50	63	113
40	Christine Meier	1983	Cougars	1	69	83	149
43	Kirsten Wu	1993	Cougars	1	55	73	128
45	Melissa Robinson	1981	Cougars	1	66	84	150
53	Stacy Koh	1985	Cougars	4	50	68	116
57	Michelle Kahi	1994	Cougars	1	76	93	166

Group 5 Weigh in: 3:00 – 4:00 pm Start: 5:00 pm

Lot	Name	Y.O.B	Club	Division	PB Sn	PB C&J	PB Total
11	Jakob Daniels	1995	Sunshine Coast	4	53	75	125
12	Thomas Scott	1995	Sunshine Coast	4	57	70	127
15	James Norman	1996	Cougars	4	40	51	91
18	Tim Hitchener	1997	Toowoomba	4	34	45	79
22	Jonathan Pakchung	1993	Cougars	4	N/A	N/A	N/A
34	Joshua Wegert	1996	USQ	4	38	52	89
35	Aaron Sym	1995	Sunshine Coast	4	34	46	80
51	Andrew Adams	1995	Sunshine Coast	4	51	60	111
56	Korey Watson-Watt	1996	Cougars	4	39	50	89

Note: PB's are the lifters' best results in competitions held after 1 January 2008.